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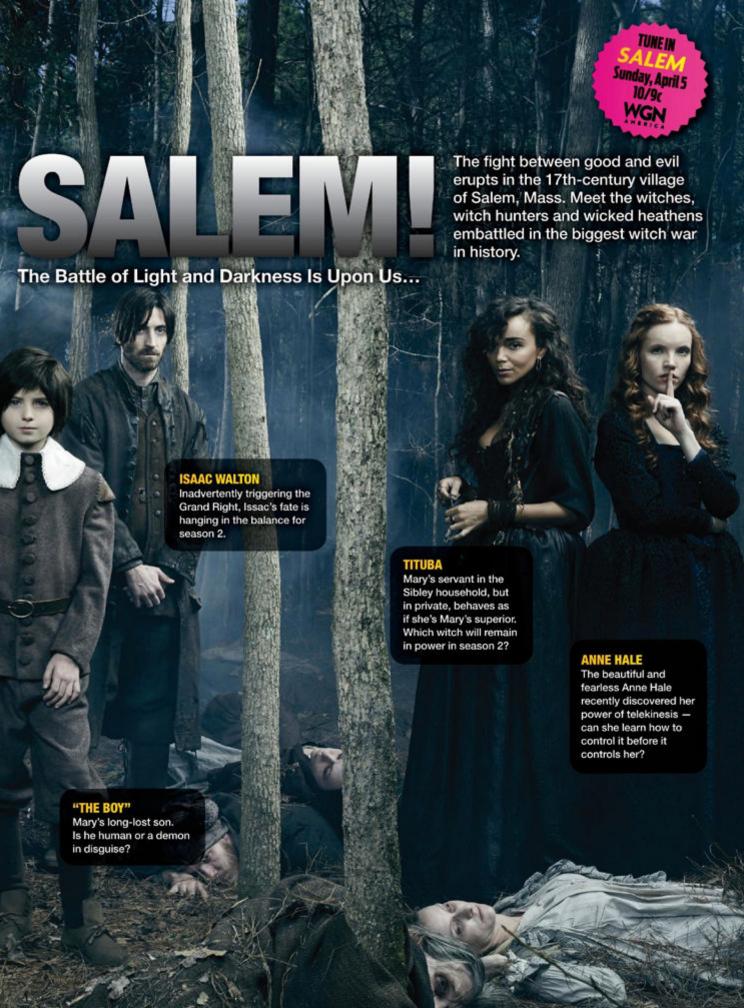
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Get fit for spring with these celebs'

A source tells OK! **Britney Spears** recently spent a month in rehab for an addiction to prescription pills.

> Miley Cyrus gets cozy with a new man after Patrick Schwarzenegger's spring break fling.

COUPLES

Bradley Cooper and Suki Waterhouse call it quits. Kim Kardashian fears Kanye West has a secret love child.

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FEATURES

46 While Teresa Giudice serves time behind bars, her family could end up homeless.

Thanks to an ultimatum from Kourtney Kardashian, Scott Disick renews his fight to get sober.

Dancing with the Stars' Sharna Burgess opens up about choreographing for amputee Noah Galloway.

Despite swearing offmen, Taylor Swift is smitten with hunky DJ Calvin Harris.

FASHION & BEAUTY

With a new fragrance, modeling gig and product endorsement, Rosie Huntington-Whiteley is dominating the fashion and beauty world.

These 35 new must-have products will transform your entire beauty routine!

ENTERTAINMENT

OK!'s picks for what's hot in TV and movies this week.

BUZZ

Kylie Jenner's red carpet beauty blunder! Plus, celebrities' anti-aging secrets to swear by.

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t the helm of a billion-dollar empire, Jessica
Simpson seemed to be the perfect fit to serve as dean of Teen Vogue's
Fashion University. However, during several sloppy appearances to plug the event, in which girls get a glimpse into the business from a panel of all-star players, Jess could barely string a sentence together!

On March 13, she mumbled her way through a sit-down on *Today*,

losing her train of thought multiple times. "Jessica was behaving like someone who had washed down a Xanax with wine," says a source.

Jess didn't fare better on the *TV*FU red carpet later that week. The singer turned entrepreneur was unable to maintain eye contact with reporters and flailed her arms around wildly. "Wow, get help, Jessica," wrote a fan after seeing her interview online. "That was sad to watch."

According to an insider, Jessica's

odd behavior could be explained by her drinking habits. Since slimming down for her July wedding, it's likely her alcohol tolerance has decreased. "Jess doesn't eat a lot, but she still drinks. It's a bad combination," shares the source.

On top of maintaining her new figure, Jess has a lot on her plate — including a new album. "She's juggling being a mom, wife, artist and businesswoman, and it seems to be taking a toll on her," the insider says.



This should make for some awkward red carpets: Nicole Kidman is not a fan of her new costar! Sources say that Dev Patel, Nicole's costar in Lion, which starts shooting this month in Australia, has been rubbing the Aussie A-lister the wrong way. "Since splitting from Freida Pinto, Dev's earned a rep as a ladies' man," says a source. "He ogles every female who crosses his path, and Nicole is no exception. She's really disturbed by it! He comes across as this sweet, almost non-sexual guy on camera, but off camera he's always on the prowl." The source adds that Nicole "is so turned off, she half-wishes she'd never signed on."

DAISY'S SECRET HEALTH STRUGGLE

tyle expert **Daisy Lewellyn** is known for living out loud – but her life took a quieter turn when she was diagnosed with stage three bile duct cancer, a journey she navigates on the second season of Blood, Sweat and Heels (premiering March 29 at 9 PM ET on Bravo). Daisy talked to OK! about using her struggle to inspire others.

How did your diagnosis come about?

makeup artist noticed that my eyes had this crazy green. I assumed I I had a tumor in my bile duct. It's super rare. I'd thought the next "Big C" in my life would be my career, but I was never expecting cancer.

How has your treatment gone? I had the tumor removed, but

they found more

I was doing press for season one and my

in fashion, drinking champagne, wearing high heels - and boom. What do you want fans to know? That I have cancer – cancer doesn't have me. Every day comes with its challenges, but that doesn't stop me from celebrating what I have in my life. I wanted to turn this tragedy into triumph by sharing my story,

could feel inspired.

in hopes that even one person

cancer cells, so I decided to push

forward with chemo and radiation. You

will see everything, A to Z, unfold this

season. I wanted to keep the doorway

knows me to have this fabulous life – I'm

open to viewers because everyone

'There's a makeover show out there with my name on it," Daisy says. "I have to get better so that

I can get that show!



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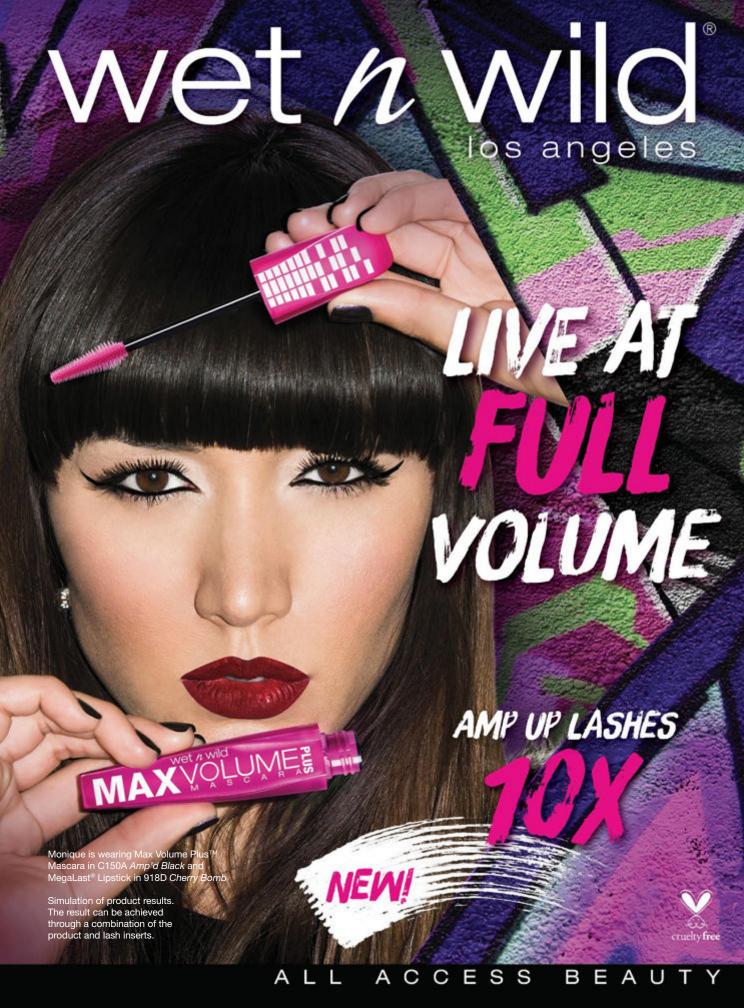
GET TO KNOW

THE UNKNOWN

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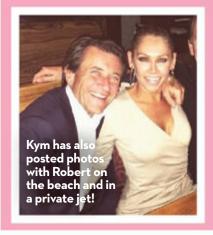
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Robert & Kym DANCING — AND DATING!

There's only one fish in the sea for this shark! He's divorcing his wife of 25 years and it looks like Shark Tank's Robert Herjavec has already struck up a romance with his Dancing with the Stars partner, Kym Johnson. While the pair have not confirmed their status, if the 38-year-old Australian beauty's Instagram is any indication, she's cha-cha'd her way into Robert's heart! Robert, 52, looks thrilled in pics with his new woman, but a source says his wife, Diane Plese, is unimpressed: "They have three children. She thinks the way he's behaving is embarrassing to the family."





Olivia to Aaron: I WON'T MARRY YOU!

As a Super Bowl champ, **Aaron Rodgers** has a big ring, but his
girlfriend of one year, **Olivia Munn**,
sure doesn't want one! "Olivia cares
about Aaron, but doesn't see him as
marriage potential," a source says,
adding that Olivia, 34, likes that the

Green Bay Packers quarterback is in love with her, but she isn't equally with him. The *Mortdecai* actress didn't even know who the 31-year-old jock was when they met. "I said, 'So, what do you do?' " Olivia told **Conan O'Brien** earlier this year. "And he's like, 'Oh, I play football.' " Aaron's known for being very religious, so marriage and family are important to him, but Olivia is focused on work right now. "In her mind," the source says, "career should be both of their first priorities."





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- Melina DiMarco

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OK! COUPLES NEWS

ALLISON: WEDDING ON HOLD!

Daddy's little girl no more! Allison Williams, 26, has been reeling since her father, NBC Nightly News anchor Brian Williams, admitted he exaggerated certain aspects of his reporting during the war in Iraq back in 2003. Now, friends fear she's in the midst of an emotional breakdown. "Allison's become increasingly distant from reality," says a family insider, who adds that the real reason Allison's wedding to Ricky Van Veen, cofounder of the website CollegeHumor, has been postponed is not work commitments as she claimed, but Brian's public fall from grace. "Her hero is now the subject

of ridicule," the insider says. "It's been

very hard for her to accept."





Bristol ENGAGED

Bristol Palin's over the moon about her third engagement this time to Sgt. Dakota Meyer, a Marine vet who proposed at a Rascal Flatts concert after the band dedicated a song to the pair. But sources say the Medal of Honor recipient might not be the best influence on the 24-yearold daughter of former Alaska governor Sarah Palin. "Dakota's always up for shots, even if it's before noon," an insider says. After Bristol's involvement in a drunken brawl last September, friends are worried that his drinking and her temper are a combustible combination!







R K come off. and abs) by super-fit stars!





TIPS FROM CELEB NUTRITION AND FITNESS EXPERT **LISA DEFAZIO**

p.pchips

Keep Popchips, trail mix and other healthy snacks on hand.

Steer clear of cheese.

Cardio is important, but it needn't be all-

or-nothing. Ten-minute bursts are great!

Swap creamy salad dressings for oil and vinegar. "You'll save hundreds of calories."

Drink plenty of water, sparkling or still. "Soda packs on weight, just like food."

Take the stairs to boost your metabolism.

Don't eat less than three hours before bedtime.

Pick up a set of 5-lb.
weights, and use them
to tone your arms all day.

Spice things up: New tastes add interest to healthy foods.

Eat all the fruits and veggies you

want. "People are not obese from bananas or carrots."

Book a daily workout buddy.

Replace

sugary

sodas with

sparkling

water.

Scout healthy food near work, to be ready when hunger strikes.

Days

......

put the TV on and do them for a half hour in her bedroom. And she loves to use a Hula-Hoop, which may seem silly, but really works. You'd be surprised what that kind of consistent exercise does for a body!"

Consistency Is Crucial

Khloé may have dropped the last 10 pounds quickly, but the 35 before that took some time... and that's fine with her. "My fitness journey will be a lifelong journey," she explains. "I'm still not where I want to be, and I may never be, but I am healthier than ever."

Khloé's also been watching what she eats: Most of the time, she practices portion control, noting, "I'll have frozen yogurt, but I have less of it than everyone else. That way I don't binge out." However, when she's trying to drop weight quickly like she did recently, she cuts out sweets entirely, opting instead to eat lots of raw fruits and vegetables. "Khloé is one of the most dedicated people I know," says a friend. "It's really impressive to see how fast the weight comes off when she really works hard at it."





JENNIFER ANISTON

Finds Balance

amously fit star **Jennifer Aniston** hasn't been overweight for more than two decades; now 46,

she's still as slim as ever. Her secret? She does everything in moderation. "I work out almost every day, at least five or six days a week," she reports, but she's not in the gym for hours on end: "I do 40 minutes of cardio, either spinning, running or the elliptical." She also does yoga and Pilates a few times a week,

Eat local: Jennifer grows

her own produce in her Beverly Hills backyard!

and her yoga teacher **Mandy Ingber** says that it's the mix of different exercises that keeps Jen in such good shape. "Part of why she looks so

awesome is her balance," Mandy says.

Her diet, too, has ample room for give-and-take. While Jen eats plenty of lean proteins and veggies, she has a "cheat day" every Sunday that allows her to indulge in her less-healthful favorites, including guacamole!



Starts the Day Right

cience be damned: **Jennifer Lopez**'s body seems to get only more taut and toned as she ages. But the *American Idol* judge, 45, has never said it comes easy. Besides being a cardio queen and a devotee of the **Tracy Anderson** Method, J.Lo follows a restrictive diet — eschewing alcohol, sugar, salt and meat — all for the sake of that famous derrière. Where does

she get her energy? From a wholesome plantbased diet and eight hours of sleep a night.

Of course, she has one major trick up her sleeve: BodyLab, the research-based line of health and fitness formulas she helped develop. "The BodyLab movement is all about creating a lasting

transformation inside and out," she told OK!. She starts her day with one of the program's shakes, which provide an instant jolt of energy. "I feel light; I feel like I can move. And

since I start off feeling healthy, I want to eat better throughout the day," she says.











MIRANDA LAMBERT

Mixes It Up

or country singer **Miranda Lambert**, 31, there's no such thing as a quick fix. "I've tried everything," she admits. "You get tired of any diet. There's no miracle [food]." So, instead of focusing on what she can't have, she allows herself little indulgences that make

healthy foods seem more appealing. "I make grilled chicken breasts with sweet potato salad," she explains, "and I eat broccoli with cheese and carrots with ranch dressing."

She's also been working out with Nashville-based trainer **Bill Crutchfield**, who says he switches up her workouts to boost her engagement: "Variety keeps you mentally fresh, and also helps you to respond better physically." Bill has the singer jump rope, while celeb fitness expert **Lisa DeFazio** suggests using a pair of light hand weights to do curls and shoulder raises. "That way," she says, "you'll be toned, but without bulk."



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he's got the hottest show in Sin City, a solid guy on her arm and she's regained primary custody of her kids, but *OK*! has learned that **Britney Spears**' biggest comeback has been marred by a dark secret. In a shocking reveal, an insider says that the star, whose rep declined to comment, recently spent a month in rehab battling a severe addiction to prescription pills.

"Britney's father forced her into treatment between Thanksgiving and Christmas because she was dependent on a drug called Vyvanse," says the source, who was also staying at the same facility, Malibu Summit. "On top of being frustrated that she was on lockdown for a drug that was prescribed by a doctor, Brit was very anxious about the public finding out where she was. It was clear she didn't want to admit that she had a problem."

Initially prescribed Vyvanse — a stimulative, amphetamine-based medication — for ADHD, Britney, 33, reportedly increased her dosage aggressively after David was caught cheating in August 2014. "Britney was really depressed and having a hard

HIDING ADDICTION

According to the source, it was Britney's heartbreak over ex **David Lucado** that triggered her drug abuse.



ROCK BOTTOM
Brit suffered a
public meltdown
before being
placed on a
psychiatric hold
in 2007. She
completed a
month in rehab
but temporarily
lost custody of her
children.



controls her styling, spending and diet. "In her dad's eyes, Britney's mission is to perform," says the source. "But she told me that all she wanted to do was 'move back home to Louisiana and have more babies.'"

KEEPING UP APPEARANCES

Although Britney spent a month in treatment, the source tells *OK*! that she was allowed to leave the facility on Sundays to spend time with her boys — beau **Charlie Ebersol**, 32, and sons **Sean**, 9, and **Jayden**, 8 — and help conceal the fact that she was in rehab from her fans. Brit kept her social media accounts alive with photos of those visits and outtakes from shoots that had taken place earlier in the year to keep up the ruse. More than anything, the insider

believes this time with her kids was the only thing keeping Brit from spiraling into depression.

> "It was clear she lives for her boys," the source says. "The only time she would stay at the dinner table with us was when she got to talking about them."

The source adds that while Brit did complete her stay, she hasn't ditched the

Vyvanse entirely, which could put her custody of the boys at risk: "She hates that her dad has put her in this position. There's nothing she fears more than losing her boys." OK!

KNOWS BEST?

"Brit wants to move home to be closer to her mom and have more kids," says the source, but her father (right) "won't

let her."

FATHER



- AN INSIDER

DADDY DEAREST

time getting out of bed

for her Vegas shows,"

says the source. "She

believed that if it wasn't

for the energy Vyvanse

gave her, she wouldn't

have been able to

perform."

However, when Brit's father-slash-conservator discovered just how much she was

relying on the drug, he wasted no time getting her into recovery. Ever since her 2007 meltdown, **Jamie**, 62, has been firmly in charge of his daughter's estate, and reportedly dictates even her day-to-day schedule, none of which sits well with the singer.

"Britney blamed her dad for forcing her into rehab, and you could tell she had a lot of deep-rooted anger toward him about the way he controls her life," shares the insider. The source adds that at her father's insistence, the singer was forced to maintain a strict workout regime while in rehab and that during group therapy sessions, Brit revealed that he



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n the first season of The Real Housewives of New Jersey, Teresa Giudice couldn't contain her excitement over her new custom house - a 10,000-plus-square-foot Towaco, N.J., mansion to be outfitted, as Teresa boasted, with "nothing but marble, granite and onyx." Six years later, as Teresa serves a 13-month prison sentence for fraud, and hubby Joe awaits his own 41-month stint, those marble floors – likely paid for with illegally obtained funds from false loan applications – are going back from whence they came: the bank!

"Joe is in so much debt, and so behind [in paying back the IRS]," says a family insider. "Teresa and Joe are planning to let the house go into foreclosure. No one is buying it!"

While Teresa, 42, currently has a place to rest her head (read: a metal

bunk), her husband and their four daughters are reportedly left searching for a new home base. "They have a large extended family," says the insider. "Somebody will take them in."

But once the brood has overstayed their welcome, securing a new lease could be mission impossible. "Joe has bad credit," says the insider. "They're really pushed against a wall."

In the meantime, their six-bedroom estate remains just one of the Giudices' many financial mistakes. Listed late last year for \$3.9 million, it's since seen two price cuts, recently topping out at \$2.9 million. But, the insider insists, "The house is still overpriced. It's in the middle of nowhere, and there's a major highway right near the backyard. It's the wrong price in the wrong zip code — the Giudices spent everybody else's money in the wrong place!"

- Lindsey DiMattina











MILEY'S REVENCE

omedian **Dane Cook** may have been the headliner at the Laugh Factory on March 17, but that didn't stop **Miley Cyrus** from putting on a show. There to see her pal perform, the 22-year-old singer attracted plenty of attention from her fellow audience members when she spent a portion of his set perched atop a mystery man. "She was sitting on

this dark-haired guy's lap," an eyewitness reveals, "and, throughout the evening, she kept kissing his neck. They were also feeding each other bites of a grilled cheese sandwich and giggling."

The very public scene seems to be a direct response to photos of Miley's boyfriend, Patrick Schwarzenegger, that surfaced the previous night. In those shots, the handsome 21-year-old USC student can be seen getting very close to a girl named Natalie during his vacation in Cabo San Lucas, Mexico; he was even spotted doing body shots off her taut stomach. And while Patrick quickly denied suggestions of infidelity, tweeting that

his comely drinking buddy "is one of my best friend's girlfriends," a pal says that Miley was still distraught.

"The last person she fell this hard for was Liam," the friend explains, referring to Miley's former fiancé Liam Hemsworth. "She really thought Patrick was the one, so this whole thing came out of nowhere." Indeed, even Dane seemed to confirm Miley's heartbreak (and her rapid rebound), when he posted an Instagram of himself post-show with the caption, "I was so happy that I made one person smile a little brighter and laugh it off."

CYRUS COZIES UP TO A NEW MAN

STUNG BY HER

SPRING (BREAK)

BOYFRIEND'S

FLING, MILEY

ON HIM!

Miley's reprisal — an episode of flirting as public as Patrick's — took place at an

L.A. comedy

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OK! UDPATE

SCOTT DISICK'S getting an ultimatum from Kourtney Kardashian — the troubled dad enters rehab again FIGHT TO **GET SOBER**

t was a tough winter for Scott Disick. He should have been enjoying the new addition to his family - son Reign, his third child with longtime love Kourtney Kardashian, was

born Dec. 14 - but instead he was dogged by headlines about drunken appearances in both the U.S. and the U.K. On March 16, after a tequila-fueled night in Atlantic City, where he was reportedly stumbling shoeless around his hotel lobby at 8 AM, Scott, 31, checked into the Rythmia Life Advancement Center in Costa Rica for treatment - but not without getting

a big push from the Kardashians. "Kris, Kim and Khloé all talked Kourtney into freezing Scott's credit cards and bank accounts," says a family insider. "Kourt also told him she's prepared to leave and take their children. This all hit Scott hard, and he's really giving rehab a go."

Scott's stint in rehab last summer (when he admitted, "I thought I was going to die" from alcohol poisoning) didn't take. But he has high hopes for Rythmia, saying in a statement that he's "looking forward to starting my therapy and iboga treatment there." Adds the insider, "He had his people dig for a

After boozing it up on two continents - and

> program different from others he's tried."

Different, indeed: lboga is a psychedelic plant that's illegal in the U.S.; Rythmia administers it for shaman-supervised "flights" intended to enlighten patients about their addiction issues. (According to another source, Scott is also being paid to go to Rythmia: "He's legitimately getting treatment, but it's free and they're even compensating him

because he went public with the news.")

However, Dr. Constance Scharff, senior research fellow at Cliffside Malibu rehab facility, warns strongly against iboga treatment. "We don't know how it affects the brain or its long-term impact," she says. "Scott has basically been told they have the magic pill for him, which is an attractive option to an addict. But that's not how it works."

Before he checked in to Rythmia, Scott's latest escapades had convinced Kourtney, 35, to consult a lawyer. "She had papers drawn up to secure custody of the kids," says a source. "She couldn't let him slowly kill himself." Indeed, the entire Kardashian clan "has told Scott that if he wants to stay a part of the family, he has to get help," says another insider. Now that a new contract for their reality show is set to pay Scott \$8 million, he may have the extra incentive he needs. "Money," says the source, "is one thing that gets Scott to respond."









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²Average weight loss with another key ingredient (green coffee) was 10.95 lbs. in a 60-day study with a low-calorie diet, and 3.7 lbs. in a separate 8-week study with a calorie-reduced diet and moderate exercise.



#HYDROXYCUT

Read the entire label before use. © 2015



uring her four seasons on *DWTS*, **Sharna Burgess** has adapted dances to fit her partners, but never the way she's had to with **Noah Galloway**, whose left arm was amputated from above the elbow and left leg from above the knee following an IED explosion during his second tour of duty in Iraq. We talked to Sharna about how she's using her skills and creativity to help the personal trainer shine on the dance floor.

What has it been like working with Noah Galloway?

Amazing, unlike any experience I have ever had — thanks to Noah's personality. There are no real rules for us this season. Noah is so incredibly strong: He can literally hold me above his head with one arm. If I can figure out how to get up there, I am making that happen!

How many dances have you two practiced so far?

We've played around with three dances. The cha-cha was our week-one dance. The samba has proved tricky because he can't bounce [the way the dance typically demands]. As a choreographer, I am looking to create the illusion of the rise and fall. But Noah is not afraid to fall down and try again.

Did you have any reservations being paired with Noah?

No. Noah told me that his biggest fear was that his pro dancer would look at him and think, "This is going to be tough." That broke my heart because it couldn't be any further from how I felt.

Have you met Noah's girlfriend [Jamie Boyd] or children yet?

All of his kids, his mom and two sisters were in Los Angeles for the first show. His girlfriend is in basic training right now for the military. On Valentine's Day, Noah sent Jamie a chocolate bar and letter every hour, on the hour, for 24 hours, since he couldn't be there.

What challenges besides physical ones will you and Noah be facing?

The biggest challenge will be getting Noah out of his own head. I think he will gain more confidence. Every step he takes will be inspiring.

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NEW ROMANCE!

TAYLOR SWIFT HAS A HUNKY NEW MAN IN HER LIFE: SUPERSTAR DJ CALVIN HARRIS!

he swore off men following a string of messy breakups, but it appears Taylor Swift has finally met one suitor she can't shake off! The pop princess is reportedly besotted with Calvin Harris, whom she was first spotted cozying up to after the Brit Awards in February. The pair reunited on March 7, when Taylor jetted to Las Vegas for the DJ's set at Hakkasan nightclub. "She's smitten," says a source. "She thinks Calvin is not only talented but incredibly sexy."

INSTANT ATTRACTION

While Taylor, 25, has spent the last two years making headlines for her

female friendships instead of romantic relationships, sparks flew when she bumped into Calvin, 31, at a Brit Awards afterparty (above right) on Feb. 25. The duo reportedly spent most of the night flirting, holding hands and whispering in each other's ears.

GOING THE EXTRA MILE

A source tells *OK*! that Calvin didn't hold back. After sending Taylor plenty of flirty text messages, he convinced her to fly to Vegas for a date just a week later. "Calvin is out to impress her, so he chartered a private jet for Taylor and her friends so she could see him play," reveals the insider. Clearly it worked. The singer appeared to

be having the time of her life as she danced behind the DJ booth. "This is the first guy she's been really interested in in a very long time," says the source. "All she could talk about was how amazing he is."

Taylor has had quite the impact on the Scottish star, too. In what seems like an unlikely coincidence, Calvin's split from his girlfriend of seven months, model **Aarika Wolf**, was announced immediately following his and Taylor's Sin City rendezvous. Reports claim they broke up around the time of the Brit Awards.

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PHOTOSHOPPING YOUR INSTAGRAM PICS

With the Today show's Kathie Lee & Hoda

BEYONCÉ'S THIGH THINNING

Beyoncé's all about feminism and self-love, so fans were shocked when Queen Bey posted a photo that appeared to have a digitally altered thigh gap. "Love you as you are — real. This photoshop is sad and disappointing," one user commented.





KIM'S WAIST WHITTLE

Queen of selfies **Kim Kardashian** knows how to make herself look great, snapping shots from perfect angles, in flattering lighting... and with some suspicious warped backgrounds, like the door in this pic.

KATHIE LEE says: "They're your photos – you can do whatever you want, but don't be surprised when people are disappointed when they meet the real you."



LINDSAY'S BOOTY BLOW-UP

Fans slammed Lindsay Lohan for posting a photo flaunting her butt with a clearly wavy door behind her. She'd previously shared a stomach-slimming shot with leaning shampoo bottles in background.



FOR MORE "OK! OR NOT OK!" WITH **KATHIE LEE** AND **HODA**, TUNE IN TO THE *TODAY* SHOW, THURSDAYS AT 10 A.M. ET ON NBC. HODA says: "Wait, you can Photoshop Instagram photos? Nobody told me that! If you look at my Instagram account, you'll know what I'm talking about!"

CLOCKWISE FROM TOP LEFT. BEYONCE INSTAGRAM/



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GO BEHIND THE SCENES WITH OK!





NO LONE WO

Scott Wolf may be best remembered as the '90s heartthrob who starred as alcoholic teen Bailey Salinger on the long-running drama Party of Five. Today, his characters are hard-driving and successful, like ER doctor Scott Clemmens on NBC's The Night Shift. But Scott told OK! TV his favorite new role is being a dad. Aww.

TAPPING INTO FREEBIES

Celebs have long been paid to talk about products they like, but now you can too with Yappem! The app allows anyone to earn rewards for sharing their favorite brands. Download for free and enter promo code "OK!" to get bonus points and more.





GOING GREEN

America's Got Talent competitors The Willis Clan didn't have to look far to get in the spirit for St. Patrick's Day – their family is very in touch with its Irish roots. To celebrate this year, the 12 brothers and sisters performed for the "Music City Irish Fest" in their hometown of Nashville.

FEATURED STATIONS

New York WLNY: 11:30 PM Dallas KTVT: 1:12 AM Los Angeles KCAL: Midnight Seattle KONG: 6:30 PM Cincinnati WXIX: 1:30 PM Phoenix KAZT: Midnight

Salt Lake City KTVX: 12:37 AM Miami WBFS: 12:30 AM

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CK! CELEB COOKBOOK



CHICKEN & LENTIL SOUP

he stars in the titular role on the Hallmark Channel's new series Good Witch, and Catherine Bell also works magic in her own kitchen – by finding ways to get her three picky eaters to chow down! One of her tricks: This "thick, hearty and simple" soup recipe from her grandmother. "I love watching my kids eat three bowls in a row, just like I used to," Catherine says.

Ingredients

- ·1tsp.oil
- 2 skinless, bone-in chicken breasts
- 1 medium onion, roughly chopped
- ·1 cup rice, rinsed
- (1¹/₄ cup) lentils, rinsed and drained
- 3 or 4 carrots, cut in chunks
- •1/4 tsp. turmeric
- •1/2 tsp. salt
- •1/4 tsp. pepper

Directions

- 1. Heat oil in a pot over medium-high heat. Add chicken and onion, and cook, turning frequently, until chicken is well browned (5 to 6 minutes).
- 2. Add water to cover chicken by about 2 inches, then add rice and lentils.
- **3.** Bring mixture to a boil, then reduce heat to a simmer. Cover, then cook for 90 minutes.
- **4.** Remove chicken from pot. Debone and shred chicken, then return it to pot, along with carrots, turmeric, salt and pepper.
- **5.** Bring the mixture back to a boil, and simmer for an additional 30 minutes. Taste and season with salt and pepper, if necessary. Ladle into bowls to serve. Enjoy!







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CK! STYLE WEEK BEAUTY



Hands show signs of aging first; protect and beautify them with this facecare-inspired BB cream.

BB Hand Perfecting Hand Cream with Sunscreen, Jergens, \$7: drugstores





Blondes: Switch to this shampoo to keep strands fresh and shiny. Bright Blonde Shampoo, Oribe, \$44; oribe.com



Nothing brightens a complexion like vitamin C. These capsules provide a potent hit of the antioxidant.

Vitamin C Beauty Drops, Lumene, \$22; Ulta

Celeb stylist Sarah Potempa's Beachwaver is Hollywood's go-to tool for sexy waves. Her new version is more intuitive to use and almost half the price. Beachwaver S1, Sarah Potempa, \$129; ulta.com



Spray deodorant is big in Europe, and now we know why — it dries way faster than a stick, sans clumps.

Dry Spray Antiperspirant, Dove, \$6; drugstores



This polishes skin just as well as exfoliators that cost 10 times as much. Charcoal Pore Minimizer, Bioré, \$9; drugstores

> Contour like a Kardashian with this easy-to-use sculpting kit. Contouring 101 Face Palette,
> Sephora Collection, \$28; Sephora



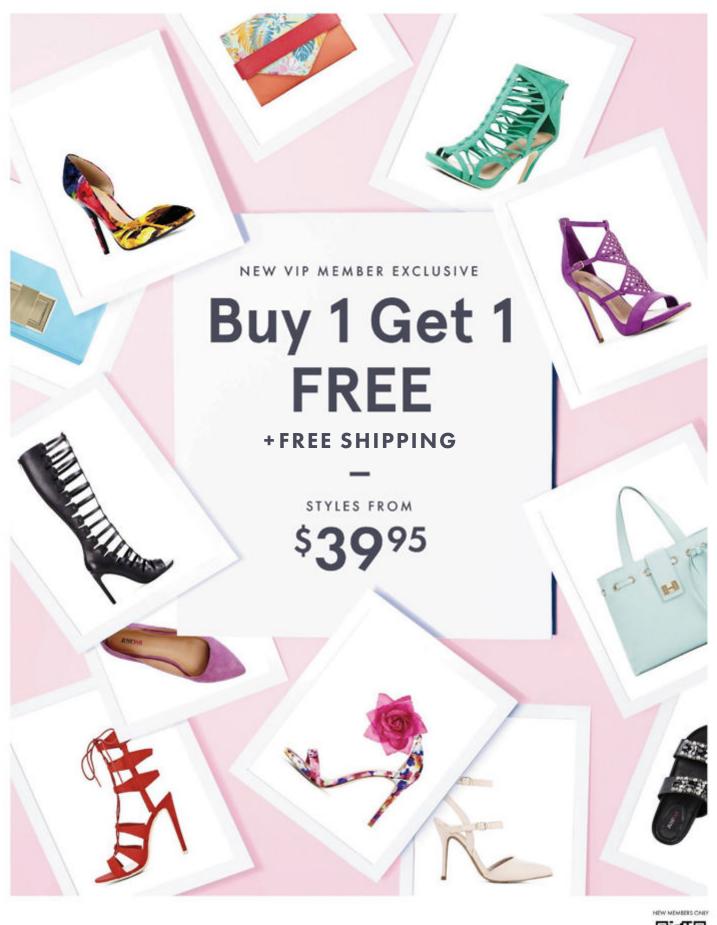
One swipe of this primer makes every lip color last way longer. City Proof Twistable Perfecting

Lip Primer, NYC New York Color, \$3; drugstores

These finely milled powder shadows deliver creamy, blendable, longlasting perfection.

Modernist Eyeshadow Palette in Atmosphere, Hourglass, \$58; hourglasscosmetics.com









CK! STYLE WEEK BEAUTY



This brilliant, timesaving in-shower lotion rinses off to leave skin soft but never sticky. Smoothing In-Shower Body Lotion, Nivea, \$8; drugstores



This chic electric

toothbrush pulsates (where most

oscillate), so it's more gentle. Plus, silicone bristles are more hygienic than

nylon ones.

Issa Electric

Toothbrush,

Foreo, \$199;

sephora.com

Like a dryer sheet for your hair, simply smooth these onto strands for an instant frizz and flyaway fix.

SPRING

BEAUTY AWARDS

FPF 10 Fly-Away Fix, **Redken**, \$25; redken.com

This face wash goes on white but turns green once its cleansing agents have done their job. Color Smart Cleanser & Mask, Dr. Dennis Gross, \$28; sephora.com



A sunscreen that's moisturizing but not sticky? This high-tech mist makes it easy to brush sand right off.

SunComfort Clear UltraMist Sunscreen SPF50+, Banana Boat, \$8.50; drugstores



Air-drying waves is no longer a frizzy nightmare thanks to this foam

Frizz Ease Dream Curls Air-Dry Waves Styling Foam, **John Frieda**, \$10; drugstores



BANANA BOAT SurComfort

Micro-oil technology makes this amazingsmelling body wash a dream dryness cure. Miracle Oil Body Wash, Dial, \$5; drugstores

Like hairspray but for makeup: Mist this setting spray as your final step for a long-lasting look. Infallible Pro-Spray and Set Makeup Extender Spray, L'Oréal Paris, \$17; drugstores



BELLA THORNE

Hydrating is hard with acne-prone skin, but this lotion (the actress' fave) offers relief from dryness and breakouts.

Oil-Free Acne Moisturizer, Neutrogena, \$8.50; drugstores



A swipe of this dual bronzer/highlighter will have people asking about your vacation.

Chic Luminosity Bronzer/ Highlighter Duo, Sonia Kashuk, \$13; Target





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Entertainment





MARK YOUR **CALENDAR FOR THESE SHOWS** YOU WON'T WANT TO MISS!

SALEM

In "Witch Wars," the second season of WGN America's hit supernatural thriller, the stakes reach new heights as Salem's deadliest enchantress Mary Sibley (Janet Montgomery) declares war among her fellow covens. Lucy Lawless also joins the cast as one of the last descendants in a line of German witches.

Sun., April 5, at 10 PM ET on WGN America

HOUSEWIVES OF NEW YORK CITY

Bethenny Frankel and outspoken socialite Dorinda Medley enter the lions' den this season.

Tues., April 7, at 9 PM ET on Bravo

THE COMEDIANS

This meta-mockumentary stars Billy Crystal as an old-school comic who pairs up with hip newcomer Josh Gad for a sketch show. Thurs., April 9, at 10 PM ET on FX

EMILY OSMENT

STAR OF YOUNG & HUNGRY

fter shooting to fame on Hannah Montana, Emily Osment is excited to take her career in a more adult direction, starring as food blogger turned personal chef Gabi on Young & Hungry. "I've never played my age before, so this is really fun," the 23-year-old tells OK!. After surviving a pregnancy scare and more rough patches in season 1, Emily dishes on what to expect for Gabi in the sitcom's return.

So what's going on in Gabi's love life?

She's in the middle of a huge love triangle. Right now she's with Cooper (Jesse McCartney), who she loves, and Josh (Jonathan Sadowski), who everyone knows she's meant to be with. But there's always fear in taking that first step with a new relationship.

Any guest stars this season? Yes! Kylie Minogue shot with us for two weeks. **Ashley Tisdale** is coming back and Cedric Yarbrough from Reno 911! plays Yolanda's (Kym Whitley) ex, and he is hilarious.

What's your favorite part about playing Gabi?

Hove how earnest and driven she is. You can't kill her spirit. and it's great for girls to see a positive character in a show that doesn't

Don't miss new episodes of Young & Hungry, Wednesdays at 8 PM ET on ABC Family.





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TY ON

"Every Valentine's Day I make all of my yearly doctor appointments — gyno, boob check, physical. It's my gift to myself. I also love the new Zantrex SkinnyStix. I can mix them in water and drink them all day long to stay energized and curb cravings. They're great before a workout. And sleep is essential, I try to get eight to nine thours a night."





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Jenny McCarthy





DREW BARRYMORE tucked into a "#japanesebreakfast" while touring Tokyo.

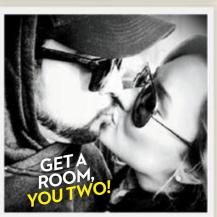


HILARY DUFF encouraged other moms to "#loveyourbod" with a bikini shot of her own.

REW BARRYMORE INSTAGRAM/FACEBOOK; DEMI LOVATO INSTAGRAM/FACEBOOK; EVA MENDES INSTAGRAM/FACEBOOK; HILARY DUFF INSTAGRAM/FACEBOOK; ALICIA KEYS INSTAGRAM/FACEBOOK



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ALICIA KEYS was stuck inside, but she refused to let the rain "stop her shine!"

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Age Perfect Glow Renewal Day Lotion SPF 30, **L'Oréal Paris**, \$25; drugstores



GWYNETH'S HANDY CREAM

When Goop guru **Gwyneth Paltrow** incorporates a product into her daily routine, beauty buffs, take note! Case in point: Restorsea's Repairing Hand Treatment. "Over time, I saw a real difference, a kind of freshness and dewiness [to my skin]," the *Iron Man* actress, 42, explains. The dermatologist-tested treatment smooths and evens out skin, while erasing blemishes and dry patches in just days.



LIV'S HYDRATING FACE MASK

Liv Tyler has a model mom and rock-star dad **Steven Tyler** to thank for good

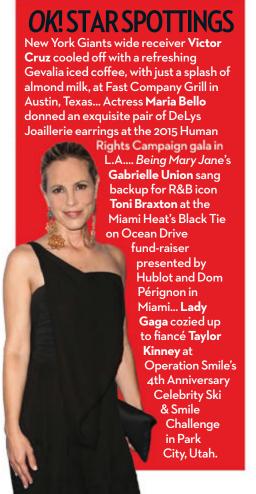
genes, but when it comes to looking younger, the 37-year-old credits
Astara Skin Care. "I love the Blue Flame
Purification Mask because it has lots of good oils in it, and it makes you glow," raves the *Leftovers* star. The dense mud mask extracts, purifies and tightens pores using tea tree oil and other antimicrobial

botanicals, and strengthens the skin's natural resistance to oiliness.



Blue Flame Purification Mask, **Astara Skin Care**, \$42; astaraskincare.com







HOT THIS WEEK



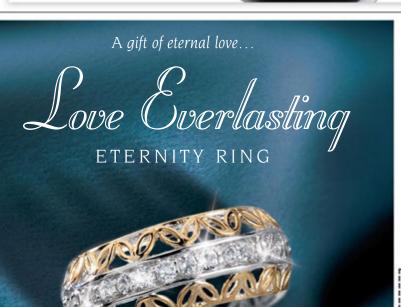
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ARE LOVING



CEREAL SNACKERS

When Melissa Joan Hart's three boys are hungry, clearly only one munchie will do! The actress was spotted stocking up on Honey Nut Cheerios in L.A.



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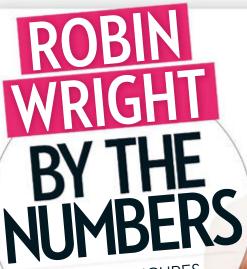
She's more than just a hotel heiress! The reality is Paris Hilton, who recently celebrated the 10-year anniversary of her foray into the fragrance biz, raked in \$2 billion in sales since launching her first perfume, Paris Hilton for Women, in 2004. "I would say the success speaks for itself," explains Paris. "Mine is one of the top celebrity fragrance brands out there, and I have 17 scents!" Her latest, With Love, Paris Hilton, is a more sophisticated take on her previous perfumes. "When I wear it, I feel very confident," Paris tells OK!. "It's for women who want to feel strong and independent, but sexy and feminine at the same time."



SHAY'S SWEET TREAT

Pretty Little Liars star Shay Mitchell isn't just an actress; she also has a lifestyle blog where she shares fashion and decorating tips — and her favorite recipes! Now, she's partnered with macaron maker Dana's Bakery to create the Shay Buttah macaron, filled with sea salt caramel buttercream! "Macarons are the perfect dessert. They're small but so tasty," she says. Order yours today! (\$30 for 12; danasbakery.com)





FUN, FAST FIGURES ABOUT YOUR FAVORITE CELEBRITIES



4

Workouts she does to stay fit: running, weight lifiting, Zumba and yoga.



Age at which she landed her first big role, Kelly Capwell on Santa Barbara. \$60,000,000

Robin's net worth



Chords Robin says she can play on the guitar.



Unit of Botox Robin has injected into her face biannually. "Most women do 10 units, but that just freezes the face," she says.



Children she has with ex-husband Sean Penn: Hopper Jack, 21, and Dylan Frances, 23.





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